



**Instructions:** Below is an example of how to properly fill out your practice progress graph.

Example: Johnny West practiced for 1 hour and scored a 180. Johnny recorded his score by coloring in the boxes on his graph for 1 hour of practice. After he practiced another hour, his total practice time was 2 hours and he scored a 160. He recorded this score for a total of 2 hours of practice. Johnny went out and practiced for another hour and scored a 150 for a total of 3 hours of practice. Notice he colored in half of the box to display his score. Johnny decided to step up his practice time to two hours instead of one hour the next time he shot totaling his practice time to 5 hours. He scored a 100. Notice he colored in his progress in the 5 hour spot leaving the 4 hour blank. He practiced another 2 hours and scored a 90. Johnny has practiced for a total of 7 hours so he recorded his score in the 7 hour column. Track your progress on the graph above just like Johnny.

