

## Workshop Descriptions

**The Quilting Bee: Gathering Around the Frame!** History reveals that the ladies of the 1800's gathered to help one another sew quilts to provide warmth on a cold winter's night. Learning the process of selecting material, a pattern or design, and the tools needed for completing a quilt will be demonstrated by the presenter and experienced by the participants. Just as our ancestors so long ago, we will gather around the quilt frame to socialize and complete our quilt project. The goal is that participants work together to complete a 'Baby Quilt' during the day of workshops and then offer it at auction. This is a day-long workshop; and a minimum number of helpers will be required. Both genders are welcomed. (2 hr. session)

**Dressed for the Occasion** – Men's and Woman's clothing, how clothing changed thru the years 1860-1900. This presentation will be done by Jean Warren, Proprietor of James County Mercantile: <http://www.jamescountry.com> . Learn how a real Living Historian researches, creates and brings to life a character/persona from the past! Workshop will focus on how participants can research and outfit their chosen character/alias with the most correct clothing and attire; appropriate for the time and location of the character. i.e. West Coast, East Coast, or Mid States, Cowboy, Businessman, Businesswoman, etc. She will also direct you how to develop your costume as economical as possible. There will be examples of time period correct fabrics, and attire. (2 hr. session)

**Get Your Craft on the 1860 Way, From Doll Making To Tatting** – Participants will make a rag doll, like in the 1860. We will also have a lucet and the participants will have a chance to make cording. Tatting will also be shown. If hand work is your thing then this workshop is for you, if not we will teach you .We would like to invite everyone to come on down to our hands on workshop, where you will learn to make and take home your very own rag doll. After constructing your doll you can pick your colors and fabric to dress as you like. Along with making your rag doll, you will have the opportunity to learn other handwork. Come see what a lucet is and learn to make cording with a lucet! Have you ever wanted to learn tatting? Well here is your chance to learn. Materials will be provided, but if you have any hemp, crafting string, small/thin ribbon, lace, old buttons, and /or embroidery thread, please bring it with you. Because of the handmade kits to hold this workshop we will limit to the first 40 participants. (2 hr. session)

**Learning History While Living History: The Participatory Living History Method of 4-H Western Heritage Project** - In this workshop, participants will set goals for the next project year, begin to develop their Old West personas, make a wanted poster (please bring a photo of yourself in period dress), make felt by hand, and learn the burning characteristics of traditional and modern fabrics. Come experience and learn hands-on historic activities. We will also discuss ideas for 4-H member recognition as they progress through the learning levels. 4-H members will complete several curriculum activity requirements by the end of this workshop and maybe even advance a level. Leaders can learn how to use the 4-H Western Heritage curriculum to enhance their local program. (2 hr. session)

**Old Time Basket Weaving** – Participants will learn the art of basket weaving through the weaving of a Cape Cod Blueberry basket. The basket will have a Shaker-style square bottom with carved and notched oak basket handle. The instructor will have all materials prepared and will teach the class beginning weaving techniques, including an easy-to-weave square bottom in plain basket weave style, square base with flat reed, plain-weave continuous weaving, Cut and Tuck, notched handle application, and rim lashing. Completed basket is 6" wide x 7" tall. Excellent for ages 14 and up. **Additional Fee: \$10** (2 hr)

**Missouri Outlaws and Badmen** - To present an awareness of the key role that Missourians played in the development of the Old West. A PowerPoint presentation of some of the more famous Missourians that lived on both sides of the law. i.e. Jesse James, Cole Younger, Belle Starr, etc. (1 hr. session)

**Table Top Loom Weaving** - To show how old clothing was used to make something useful. Because cloth was made by hand from yarn that was hand spun, the people never threw away old clothing or rags, but saved them to be used in quilts, rugs and other useful household items. Our ancestors were very frugal with their resources. Learn how to use strips of fabric to create a placemat. Participants will learn by listening, watching and hands on. Because there is only one loom, each will not each be able to make their own item, but will be able to weave a few rows to learn the concept. (1 hr. session)

**Alias, Attire, and Approach : Creating a Legendary Presentation** – To exhibit men’s and women’s clothing from 1860 to 1900 while discussing the trends of the time period and other relatable concepts. Presenters will discuss overcoming fears of speaking in front of a judge and how to create continuity between an alias, attire, and approaching the judge. Participants will have the opportunity to ask questions to aid themselves in the presentation process. (1 hr.)

**Games of the Old West** – What sort of games were played before television and video games? Discover the past. Saddle up and participate in the following: walking on stilts, 2 man board slide , bean bag double can, graces, stick pull, checkers, marbles, 3 legged race, a cattle drive, calf roping and the list goes on and on. Yee Haw this will be a good time and a reminder that all Cowboys and Cowgirls will participate according to the Cowboy Code of Ethics! (1 hr.)

**30 Ways to Use a Cowboy’s Bandana** – The bandana is part of the official cowboy uniform. It is simply a decorative piece of clothing, made of cloth and only 22 x 22” in size BUT for the COWBOY its uses were varied and plentiful! (1 hr.)

**Fishing: Past & Present** – A brief historical perspective of fishing in the 19th Century in early America and the Missouri Ozarks; including methods and gear used in those “good ol days”. Participants will then make their own fishing lure – an in-line spinner; which has history, but is still an effective artificial bait for several fish species today. (1 hr.)

**Leather and Wood** – Hands-on, make and take workshop. Participants will stamp a customized design on leather; and then assemble pre-drilled wooden block and leather to create a customized working ammo block for Cowboy Shooting competition. **Additional fee: \$5** (1 hr.)

**Kids Korral** – For 10 years and younger. We've rustled up a bunch of our favorite western games, activities and projects that are guaranteed to keep young cowgirls and cowboys entertained. Romp through the Old West and dress up like a cowboy, appear on a WANTED poster, sift for gold, make a stick horse, balloon stampede, tin can target practice, sack race, cattle drive, etc. And for those cowpokes that just need a rest a western movie will be available. The younger participants are welcomed to stop by for a single session or for several. (Flexible time periods)