

# Make a Poke

## Instructions:

1. Cut a 10" X 8" piece of muslin or other cotton fabric.
2. Starting with the 10" side, fold down  $\frac{1}{4}$ " and press with an iron. Fold down again  $\frac{1}{4}$ " and press. Hand or machine sew across this edge. This will provide a clean, finished top edge.
3. Turn the fabric over so that the stitching only is showing at the top. The pressed and stitched fold should be underneath.
4. Fold the material left to right (8" side to 8" side). Pin this edge and the bottom for ease of sewing.
5. Sew  $\frac{1}{2}$ " in from the edges of the side and bottom. Stitching will form a backwards "L".
6. The poke is inside out. Turn it "right side to".
7. To close the poke cut a 12" piece of ribbon, cording or leather lacing. Fold the lacing in half to find the middle of the lace. Sew it here by hand securely at the seam about  $1\frac{1}{2}$ " from the top opening.

